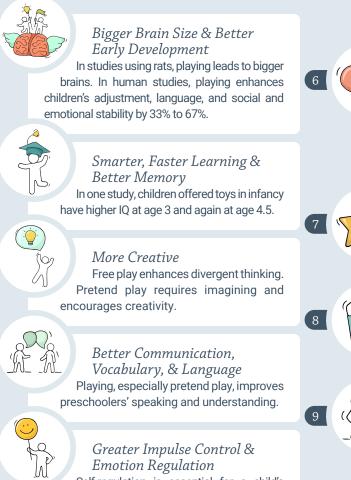
## Importance of Play IN EARLY EDUCATION

At AIM Academy, we understand that play is crucial for the development of young children. During the early years, children's brains are rapidly growing and forming connections. Play is vital to shaping their cognitive, emotional, and physical abilities during this time.

Here are some of the key benefits of play in early childhood development:



Self-regulation is essential for a child's academic as well as social success. Children who pretend play have better self-regulation skills.



Greater Social Competence, More Empathy & Happier Play provides opportunities for children to learn social interaction. While playing

together, children learn to cooperate, follow rules, develop self-control, and generally get along with other people.

## Better Health

Physical play activities benefit physical health, motor control, strength & endurance. Effective emotion control benefits mental health.

Life Lesson Learning

Play is also a useful tool for children to rehearse skills and future social roles in a safe context.

## Better Relationship

Playing is an excellent way to bond. Happy playful moments with children are some of the most precious gifts we can give our children.

